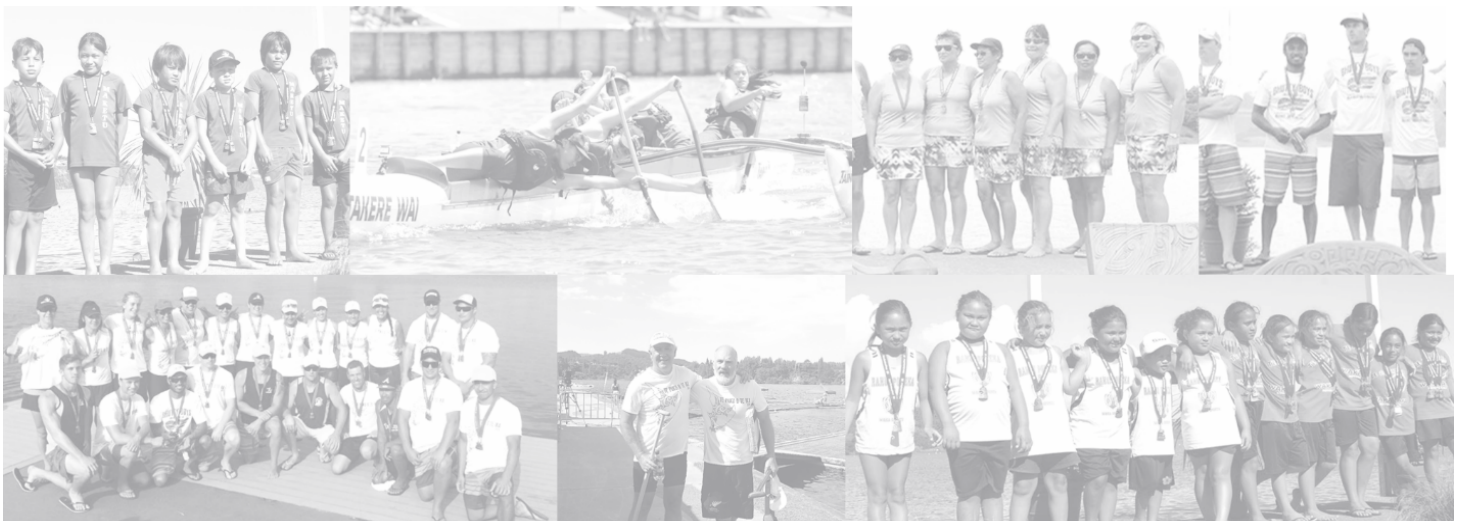


Te Puku o Te Ika

Regional Sprint Regatta 2023

**Saturday 9th December (W1) &
Sunday 10th December (W6)**

W1 Qualifying Event & W6 Regatta



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IMPORTANT TIMES

Friday 8th December

4.00pm– 7.00pm W6 drop off
Club gear drop off

**Please note that there is security for the W6 canoes & trailers only. W1's and club gear left at the event overnight are at the owner's risk. However, pending negotiation outcomes with Karapiro, gates will be closed and locked overnight*

Saturday 9th December

8.00am Karakia

7.00am – 8.00am Drop off area will be open for W1 canoes or large amounts of club gear to be dropped off

8.30am Volunteer & Support boat briefing

8.45am Marshall first races

8.50am Load out first races

9.00am Racing commences

Rigging of W6 canoes for Sunday racing – all hands on deck to assist. We will need at least 3-4 clubs assisting with Rigging.

Sunday 10th December

7.00am Karakia

7.30am Support boat briefing
Marshall first races

7.40 am Load out first races

8.00am Racing commences

SAFETY

ON WATER

There will be three support boats on the water, with at least two support boats monitoring the racing. One of these will be stationary on the start line (the aligner boat); the flag boat will be roaming to monitor the racing.

- Taitamariki and Intermediate paddlers **must** wear life jackets.
- Paddlers who are not able to swim at least 50 metres **must** also wear life jackets. This rule also applies to adult paddlers.
- Clubs must ensure that the paddlers they enter are sufficiently capable of participating in their events, and able to handle reasonably difficult conditions (e.g. wind gusts up to 30 knots). Note that while support boats will rescue paddlers, they will NOT assist paddlers in lining up (which can be difficult for novice paddlers, especially in W1s, if winds are stronger than 10 knots). If paddlers are not able to line up within a reasonable time frame, the race will be run without them, and they will be disqualified.
- In case of adverse weather conditions on race day, the race director retains the right to stop, postpone and/or cancel races on race day. Note that organisers will be unable to refund race fees in this case.

LAND

- Clubs are to observe all Karāpiro Domain rules, along with any specific event rules
- First Aid responders will be at the event, located on the grass embankment
- No vehicles will be permitted in the event area beyond Gate 2 during the event, the exception being any emergency vehicles and domain management vehicles

PARKING

There is NO parking within the event area or lower campground. FREE parking is provided through Gate 3.

If you have large amounts of gear to drop off, you will be given access to make the drop off. Drop off time is in the evening Friday, or 6am – 6.30am Saturday and Saturday after racing (for Sunday participants). Outside of these hours, you will need to transport the gear from the parking area through Gate 3.

W1 drop off - Cars with W1 waka will be able to access the event area through gate 3. You will be able to come down drop off your waka and then park either up behind the restaurant area or back at gate 3.

People staying at the camp ground will be issued with vehicle passes. Any vehicles parked in the camp ground areas without a pass may be towed away.

EVENT AREA

- Clubs are encouraged to provide shelter (sun, rain) for their paddlers. Please observe the event area layout, and keep club tents and gazebos clear from areas that are clearly marked for official use (see event area layout as shown at the back of this document).

- The Karāpiro Domain has a strict NO DOGS policy which is going to be actively enforced by council dog control. Please leave your kuri at home.
- Alcohol and/or drugs are not permitted on site.
- Our event is also auahi kore / smokefree. Please respect this.

VENDORS

This year there will be a small selection of vendors available. More information about these will come out in the next pānui.

ARRIVAL OF PADDLERS ON RACE DAY

- Only team managers or club representatives are to advise of withdrawals prior to the race – Please report to the timing tower, lower level
- Paddlers (and/or club reps) are to become familiar with the race course layout, the event area, race schedule and lane draw.
- Know when your race is on, and listen for the marshalling call over the sound system.
- All paddlers / teams in the marshalling area must have their life jackets with them (midgets and intermediates), as well as their paddles and/or W1 canoes. Races will not be held up for teams waiting for equipment or W1 canoes. They will miss their race.

PRE-RACE GUIDANCE

- Marshalling will call each race a total of 3 times. NOTE: Races will load out without waiting for teams who have not arrived at marshalling by the 3rd call. The latter will miss their race.
- No parents or coaches are permitted through the marshalling and loading bay areas. Please do not be offended if and when you are refused entry.
- Paddlers are to follow officials' instructions at all times.
- When their race is called, paddlers are to assemble at the loading bay. Paddlers must not load canoes without going through the loading bay.
- Loading bay officials will advise paddlers when to load and will load out the furthest lanes first e.g: Lane 8, lane 7, through to lane 1. This is to prevent delays on the water at the start line.
- Once on the water, paddlers are to go directly up to the start line area, where they are in the control of the race starter.
- Paddlers are to wait within 50m of the start line. Please avoid drifting off.
- Race starts will be by flag only – there will be no verbal instruction given for the starts. This is the process that will be happening at the 2024 National Sprints event.
- Adults trailing midget paddlers in W1s - please note the rules on the WANZ site. ***Not following the race rules will lead to your paddler being disqualified from their race.***

W1 CANOE WEIGHING & CHECKS

W1 weight limit is 14kgs, we have aligned our Weigh-in procedures with those of WANZ and will be weighing the first, second and third place in each race as soon as they exit the water. The Regatta Officials reserve the right to do random spot checks.

It is the responsibility of the paddler to ensure that their canoe is not below 14kgs. Any paddler whose canoe does not reach the minimum weight of 14 kg will be disqualified from the competition - not just the race they have competed in.

The scales will be available at Lake Karāpiro prior to the race start for paddlers to check their canoe weights.

- Friday 9th December from 4pm to 7pm.
- Saturday 10th December from 7am to 8am.

RACING

- Waka Ama New Zealand race rules apply; they can be found at www.wakaama.co.nz.
- The race course has 8 (eight) lanes for W1 racing – we will be using half lanes to be consistent with how races are run at Nationals
- Disqualifications apply for W1 racing
- W6 racing will use 6 full-width lanes.
- W6 age divisions have been combined, where appropriate, to make good use of time and lane availability. In this case, entries will be clearly marked as from another division. Note that organisers are unable to contact affected teams individually – please read the lane draw to avoid surprises.
- **Protests** are to be made to Admin within 10 minutes of the respective event.
- **Penalties** will apply for W6 racing; a 10-second time penalty will be added to the final time instead of applying a disqualification.
- Races may be combined, shortened or altered at the sole discretion of the Race Director.
- The Race Director has the ability to move races, depending on conditions. For example, if the weather starts to worsen, junior racing may be moved up the schedule to enable them to get through their races before bad weather hits

QUOTA 2023 for 2024 Nationals

RACE DIVISION	QUOTA	RACE DIVISION	QUOTA
Int Men	5	Premier Men	7
Int Women	6	Premier Women	7
Junior 16 Men	6	Master Men	7
Junior 16 Women	7	Master Women	6
Junior 19 Men	6	Snr Master Men	7
Junior 19 Women	5	Snr Master Women	8
Open 23 Men	6	Golden Master Men	8
Open 23 Women	6	Golden Master Women	6
Master 70 Men	7	Master 80+ Men	5
Master 70 Women	4	Master 80+ Women	4
Master 75 Men	4		
Master 75 Women	4		

W1 EVENTS

Saturday 9th December

Events

- All W1 races will take place on Saturday, 9th December (reserve day 11th December)
- Distance: 250 and 500m
- Divisions: Intermediate to Master 70
- The event will also feature 250m sprint races for the J19 and Premier division. These races are open to paddlers of other age classes, as long as they meet the requirements as per Waka Ama New Zealand rules.

Selection and qualification for W1 at Nationals 2023

- Selection of W1 representatives for Nationals 2023 will be based on times gained at the regional event
- This is a qualifying event. Clubs and Coaches please note that your paddlers must be of a level where they can competently and confidently take the start line and complete the race. Any paddlers who fail to reach the start line in the time allowed will be withdrawn from the race, with no refund of fees. Disqualifications will apply to these races for paddlers going outside of their lane; disqualified paddlers will not receive refunds.
- **WAITLIST** - Paddlers unable to participate at the TPOTI 2023 regionals, wanting to make the quota for Nationals, will be required to write to the Regional Event Committee requesting their inclusion on the Waiting List. This can be done up until Friday 8th December. The fee applicable for inclusion on the waiting list is \$20 adult and \$15 junior (Intermediate-J16). Waitlist participants who make the quota are included at the bottom of the quota list.

Post Regionals, paddlers who do not make the quota are required to request wait listing by email to tpoti@wakaama.co.nz

250M Dash Races

- Due to the number of entries in the 250m dash races, and upon receipt of feedback, the 250m dash races will be run in a heat to finals format.
- The fastest 12 times across each of the age divisions will paddle the 250m dash final.
- The fastest 2 times in each age division will be the paddlers who represent TPOTI at Nationals 2024

Selection for Regional WT12 at Nationals 2023

- Nationals 2024 will again feature a regional WT12 Premier race, for both men and women. (This is in addition to the club WT12 races.) Selection of the W12 crews will be based on the 250m dash finals times – Premier and J19 divisions.

W1 requirements

- Paddlers must arrange their own W1 waka. Paddlers should NOT assume that they will be able to use other paddlers' W1s on race day.
- The legal minimum weight is 14kg (including ama & kiato).
- Accepted additional weights for canoes under 14 kg are: a bag of rice or sand or a weight plate or similar.

- Paddlers are to arrange for their own weights, should they be required, and they must be presented to the TPOTI official at weigh-in for sign off.
- All W1s must have lane number holders, as per Waka Ama New Zealand race rules. Paddlers without a W1 holder may buy one for \$10.00 from Administration and ask for tape to put it on. There are a limited number of these available.

W6 EVENTS

Sunday 10th December

Events

- All W6 races will take place on Sunday, 10 December
- Distance: 250 / 500m / 1000m
- Divisions: Midget to Master 70

AWARDS

Championship Cup

The **Championship Cup** will be awarded to the Club that achieves the highest number of points. Points will be awarded over the event, based on placings in races (W1 and W6), with points awarded for the top 3 in each race, in each age division.

Te Pou o Te Puku

Recognises a club whose paddlers and volunteers embraced the kaupapa of the event, on and off the water, or a particular person who has gone above and beyond for the Region and the sport. Nominations will be called for after Regionals with the winners announced after the event.

KEY MESSAGES

- No vehicles are to park in the event area past Gate 2 by the loading area or toilets. There is free parking through Gate 3 and on the field by the accommodation area, through the gate where the parking warden is. Please park responsibly and follow Warden directions..
- We don't have paid people or an excess of club volunteers to arrange the parking, so please use your common sense and park in the most space efficient way.
- There are other events running at the Don Rowlands centre throughout the weekend. There is to be no parking in the front park area by TPOTI participants
- Take note of your race number and listen for the calls over the sound system
- All paddlers must have their paddles and lifejackets (and W1 canoe) ready when in marshalling – there is to be no waiting for items to come from other teams/paddlers who are on the race course.
- Take note of the W1 marshalling area – only paddlers going to their race should be in this area

- Race starts will be by flag only with no verbal cues being provided.
- W1 adults trailing midget W6 crews – please note the rules for this on WANZ website
- All Clubs need to provide volunteers on Saturday after racing, to assist with W6 canoes being removed from the trailers, so that our event team can commence the rigging. We also need volunteers on Sunday after racing, to assist with event pack down.
- Bring shade to sit in outside of racing times
- Results will be live – no printed results will be posted on the board.
- No dogs at the Domain – Domain rules
- Dress for the conditions – be prepared with warm clothing and also sunblock and hydration

ANSWERS TO FAQ's

- This year we will run progression races. This will mean there will be Heats, and then, based on times, paddlers will progress through to Finals. Should there be only enough paddlers for one heat, it will be run as a straight Final.
- The lanes used are the same as Nationals - fewer cables are put out, so there are fewer lanes. The team laying the lanes is the same one that does the Nationals. Unfortunately, we are unable to remove any 'unnecessary' buoys; movement in the lanes is the same as at Nationals
- The sound system for race number calling is the same that is used at Nationals. The volume is at its highest and it runs the length of the spectator bank. If you are unable to hear the announcements, make sure your surrounding club area is not too noisy.
- Each year we invite food stalls but it is not always taken up by them. Make sure you pack a lunch or bring some \$\$ for the café at the Domain
- Yes, you can leave your W1 canoe at the domain overnight BUT it isn't going to be specifically watched over. The gates will be locked (although we will need to negotiate this with Karapiro Domain, as they prefer gates to be open to the public) but TPOTI will not be responsible for W1 canoes left on site.
- All the whanau (volunteers) at our event have given their time to assist with the event – please show them respect. If you feel that you can do a better job, make sure you get your name in to volunteer at the next event, or feel free to offer your assistance at this event.

FRESH WATER GOLDEN CLAM HAZARD

(IMPORTANT!!)

An invasive clam has been found in the Waikato River from Lake Maraetai (Mangakino) and downstream. The juvenile clams are not visible and are easily spread with wet boats and equipment. These clams can survive in partly salty waters like in estuaries.

There are new requirements for how to Check Clean Dry your waka and gear to make sure you do not spread clams or any other invasive species around when you move.

During the Event

- There will be wash stations/drums made available to wash any gear used while racing at Karapiro. This includes paddles, paddling gear, life jackets
- All waka will need to be washed before they leave Karapiro. This should be done after the last race (W1's) or as the races start to wrap up and waka are derigged on Sunday (W6)

- There will be a team co-ordinating these stations. Their job is to make sure people are following the expectations with regards to doing our bit to ensure the clam isn't taken outside of the lake.

After racing at Karapiro

- Before training or racing in any other river or lake, you must first carry out the full **CHECK, CLEAN, DRY** procedure including 48 hours drying.
- All items that you have used and have got wet must be included.
- Absorbent items could include: life jackets, booties, straps and ratchets, canvas splash covers, dry bags, ropes, removable seats.
- Remember to check bunged areas—and if there's water in there drain it.
- Put any clothing through a warm or hot wash.
- Avoid putting your trailer in the River or lake.



Clean Check Dry Procedures:

- CHECK** and flick off any visible matter like weed, mud or adult clams at the site.
- To **CLEAN** for invasives that are invisible (eg juvenile clams which may have sticky threads, algae, fish eggs, weed fragments):
- Blast your waka, inside and out with a hose, with the kiato and ama, using tap-water and onto grass, beside the waterway or at home, and not into a stormwater drain system. Be sure to wash out any nooks and crevices. Then drain it, including bunged areas. You may need a few of you to turn a large waka upside down.
- Include a washdown of any other equipment that's been in river or lake water.
- DRY** areas inside the boat where water has pooled with an old towel. The outside of the hull dries when towed.
- Then leave the boat and gear to dry to touch inside and out, and completely dry for 48 hours.
- And, for absorbent materials, which stay wet longer:
- Soak in hot water above 60°C for at least 1 minute, or between 50–54°C (hot household tap-water) for at least 5 minutes, or above 45°C for at least 20 minutes. OR
- Mix household bleach in a 10% (1 in 10) ratio with water and immerse for 1 hour. OR
- Freeze it all until solid (overnight).

EVENT AREA

Lake Karāpiro, Cambridge



KEY



Marshalling / Loading



Marshalling / W1 Canoe area



First Aid



Volunteers area bottom floor of tower



Clubs Area



Car Parking (Free)



W6 Trailer parking only



Maori Wardens